

# SIMPLE BACKPACKING CHECKLIST

## BACKPACK

- Backpacking Pack

## SHELTER

- Tent

## SLEEP SYSTEM

- Sleeping Bag
- Sleeping Pad
- Camp Pillow

## CLOTHING

- Hiking Boots
- Base Layer (Moisture-Wicking)
- Quick-Dry Pants
- Lightweight Fleece
- Warm Puffy Jacket
- Sunhat or Beanie
- Rain Jacket
- Camp Shoes (or Sandals)

## OPTIONAL

- Portable Power
- Satellite Communicator (/GPS)
- Cards, Game, or Book

## KITCHEN SUPPLIES

- Matches or Lighter
- Backpacking Stove w/ Fuel
- Cook Set
- Meal Set
- Utensils
- Water Bottle

## ODDS & ENDS

- First-Aid Kit
- Bear Spray & Bear Canister
- Headlamp
- Water Filter or Treatment
- Hygiene Kit
- Bug Spray & Sunscreen

